

## **The Exceptional Child**

### **Does your child show symptoms of an attention deficit disorder?**

Josh is in constant motion. "I feel like I have a motor inside me that won't turn off," he says.

Josh may have attention deficit hyperactivity disorder (ADHD). Children with this disorder:

- \* Seem to be in constant motion.
- \* Walk, run or climb when everyone else is sitting down.
- \* Talk even when other people are talking.
- \* Get frustrated with schoolwork or homework.
- \* Don't finish things.
- \* Daydream or seem to be in another world.
- \* Have trouble waiting in line or taking turns.
- \* Act without thinking.
- \* Get sidetracked easily.

All children do some of these things some of the time. But if your child does most of these things nearly all the time, you should talk to your child's doctor. Ask if your child could have ADHD.

If he does, talk to the school about your child's ADHD. He may need to take medications during the school day. Teachers may also have ideas of how they can help your child stay focused at school.

It's important that you, the school, and your doctor work together. Kids with ADHD need to learn how they learn best. They may need to work extra hard. But they can be successful in school and in life.

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